



Nature Through the Seasons

4+ visits over the year

OVERVIEW These sessions are designed to operate in a mix and match format, where different activities can be combined into each walk to encourage imaginative exploration of sections of Marriott's Way through the seasons. The emphasis is on observation and use of the senses, to develop and deepen interest in even familiar landscapes. Each session can combine activities with maths, science, geography and arts-focused elements, as well as drawing on surveying and recording techniques to build up a picture of their selected (or 'adopted') area over time.

Pre-visit

Making predictions (can be done before each visit)

What season is it? What does that mean in nature? What do you expect to see (e.g. bare trees, leaves changing colour, new growth)? What animals might you find?

Create a class chart for recording observations across the seasons.

Prepare materials and plan for the walk: what clothing do you need? What else should you take? How will you record your findings?

Nature walk

Choose a selection of different activities to comprise a nature walk, encouraging close observation of and creative response to the environment (see other activities and links on website for more ideas).

These might include:

- * Sketching, making leaf rubbings, creating environmental art from natural materials
- * Creating a journey stick. Choose a stick and attach natural objects (or labels/sketches) along the walk to recall the places and happenings of your journey
- * Minibeast hunting and flower/tree ID
- * Recording temperature, weather conditions, sensory observations

Post-visit

Possibilities for follow-up include:

- Considering what plants need to grow successfully
- Some recognisable animals and their food chains (foxes, bats...)
- Making posters about animals or plants they have seen or learned about
- Life cycles e.g. butterflies
- Keeping a log/journal and a collective record e.g. a chart at school
- Writing an account of the journey using specific literary techniques, or using the journey stick to tell the story or create a map of the walk.

Create a guide book

Research, write and illustrate a guide book for your section of the Marriott's Way. Use other guide books for inspiration and plan out what you will include.



Norfolk County Council

